Principal’s News:

Pool Tender
After a long process Zillmere State School has chosen a Swim School to take over the running of the coaching classes both before and after school. The successful tender was Healthstream who is part of the Belgravia group. They have a strong business plan for the outer suburbs of Brisbane and they look forward to the opportunity to work with you and the Electric Eels Swim Club in the coming years. I would like to acknowledge the work that Qualified Swim School has done in partnership with our school over the last 12 months. I have enjoyed working alongside them ensuring our school’s pool is at a quality standard. Our school looks forward to working with Healthstream and moving in a new and exciting direction with Zillmere State School Swim Academy. The Academy will open up pathways for our quality swimmers in the school as well as the local area. Please refer to Zillmere State School Swim Academy update further in this newsletter.

Pool open day Reminder – Come and check out our upgraded and heated facility.
EVERYONE WELCOME!
Zillmere State School and Electric Eels are having a Family Fun Day and sign on day this Sunday 15th September to celebrate their newly heated pool. Gates open from 10:00am and there will be a free BBQ sausage sizzle, snow cones available for purchase and lots of time in the heated pool for the kids and parents. This is also an opportunity for you to sign your child up to the Zillmere State School Swimming Academy and Electric Eels Club Night if your child is interested. I look forward to seeing all our families on the day for this free and exciting event.

Teacher Aide Day 6th September
We celebrated Teacher Aide Day on the first Friday of September to recognise the great work our teacher aides do to support our students and teachers. The help they offer goes a long way in our classrooms, providing the extra attention some students need to get the most out of a lesson and supporting our teachers to organise engaging and educational activities each day. Thankyou to Mrs J, Ms Lorraine, Ms Indira, Mrs McAuslin and Mrs Clapperton. The work you do in our school is truly appreciated!

Election BBQ
Thank you to all those parents and staff who either donated items for sale or offered time to help sell items at last Saturday’s election fundraiser. The school raised a total of $1100 which will be spent on purchasing new resources for the students. I would like to acknowledge Julie and Peter Robinson who coordinate this event and made themselves available for the entire day. I would also like to thank the parents and staff members who helped sell items on the day.
Happy Holiday - Keep watch on our school these holidays
With the holidays fast approaching, I hope you enjoy your time together and look forward to hearing from many of the children about what they did over their break. Term 3 finishes Friday September 20. Can I please ask that you keep an eye out for our school during this holiday period. If you see anything suspicious, please call the School Watch number – 13 1788. The School Watch Program is a partnership between Department of Education and Training, the Queensland Police Service and the State Government Protective Security Service. Have a wonderful holiday break and school resumes on Tuesday 8th October.

Warm regards
Damien Greig
Principal

I am a Psychologist and PhD candidate at the University of Queensland's Parenting and Family Support Centre and part of a research team headed by Prof. Matthew Sanders, founder of the Triple P – Positive Parenting Program. We are currently running a research project aiming to evaluate the effectiveness of a brief online parenting program.

We know that parenting programs are an effective way to increase parents’ confidence in their parenting role, prevent and treat child behaviour problems and improve family relationships. However, many parents do not access these programs. Limited program availability, inflexible delivery options and the costs associated with program participation, both financial and time, present barriers for many parents. Those barriers can be particularly pronounced for families facing additional stress e.g. low income, single parenthood or ethnic minority status. In an attempt to make parenting programs more accessible for everyone, researchers from the University of Queensland have developed a brief parenting program that can be accessed online. Triple P Solutions is an adaptation of the successful Triple P – Positive Parenting Program, offering practical ideas and support for parents of 2-9 year old children.

We would like to offer access to the program to parents of children attending your school. We are looking for parents of 2-9 year old children that have some concerns about their child’s behaviour. Parents will be asked to complete some questionnaires to assist with the evaluation of the program. A percentage of parents will also be required to attend a play task at the University of Queensland in St Lucia, Brisbane. Detailed information about the program and the research requirements can be found here: [https://exp.psy.uq.edu.au/solutions](https://exp.psy.uq.edu.au/solutions).

If you would like any further information please contact Sabine on the email address below.
Sabine.Baker@uq.edu.au

Important Tuckshop News
All tuckshop orders and money must be handed to the office by Wednesday morning. As we order supplies on Wednesday, if orders are handed in late we cannot guarantee that your child will get lunch on Thursday.

Library News
The Library is looking for any 'contact' gurus who would like to help cover library books. If you are able to give, even an hour, to help with this simple but time consuming task please join Robyn in the library on any Wednesday. Free coffee or tea, all help would be greatly appreciated.
School Awards

Merit Awards

Leniqua

Aim High Awards

Maurice, Willson, Makayla B, & Krrish,

Addy, Jonathon, Daytona, Eden & Tayah
Awards Cont...

Anthony, Mervyn, Jeffery, Jade, Kaden, Akelo, Stefani, Jessica, Allain & Liana

Netball Team

School Banking Dollarmite Awards

Kim, T’Shinta, Jeffery & Theo
Hi! Well as we come to the end of another busy term it has been a pleasure working with your children. If I can support your family in anyway please contact me.

**Bridge to Brisbane:** Mrs Mahan, Mrs Robin, my daughter Eliza and I had an awesome time walking the 10km. This was done as a part of our school’s community fundraiser, raising a total of $1718.30 for Bowel Cancer Research. There have been excellent articles and photos of the school’s free dress day in the Star and Northside Chronicle newspapers.

**Bunning’s Sausage Sizzle:** The school had the opportunity to raise $855 on Tuesday 10th September at Carseldine Bunnings. A huge thank you to P&C members Russell, Vanessa, Lessa, Will and Sharon, and also Amy from Jabiru for your awesome help on the day. Please consider volunteering to help our school, it is so rewarding.

**Aspley Eagles Cup:** The year 6/7 students will be participating in a soccer tournament at Aspley High School on Thursday 19th September 10am-2.30pm. Come along and support them!

**Food Hampers:** The Sandgate Seventh Day Adventist church (6-8 Depot Rd Deagon near Sandgate High) are offering food parcels on Thursday afternoons 6.30pm-7.00pm.

**Department of sport and recreation:** Need help paying for your children’s sport’s fees? See me for application forms (conditions apply).

**Parent’s encouragement:** Playing sport is important and teaches our children six leadership skills: 1. How to be a team player 2. The need to play by the rules 3. How to win graciously 4.….and how to lose graciously! 5. The need to listen to the coach and 6. The importance of developing skills. (Reference: Fathers who dare win).

**Quote:** “Make peace with your past so it won’t screw up your present.”

The P&C would like to thank Mr Rod Chiapello the owner of McDonald's Bracken Ridge for his generous donation of sausages, onions and cakes for our school fundraisers. Rod is an extremely generous supporter of Zillmere State School.

God bless you
Wal
Ph. 0409494225
walg@chappy.org.au
Lillie’s Angels: Mrs Robin, Mrs Mahan, Eliza Greentree and Wal Greentree
# Zillmere State School Swim Academy

**Exciting new swim school opening for all swim levels**

- **Athlete Pathway**
- **Free Assessments**
- ** Toddlers to Adults**
- **Convenient location - 76 Murphy Rd Zillmere**

**Healthstream Fitness Club & Aquatic Centre**

**SIGN ON DAY SUNDAY 15 SEPTEMBER 10AM - 2PM**

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**Swim Level** | **Description**
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**Parent & Toddler** | Ages 2 to 3 years. Free Complimentary classes upon booking.
**Little Turtles** | 2.5 years to 3.5 years old level without parent. This class is recommended for toddlers who have had limited baby swimming lessons but not compulsory. Assessment required.
**Beginner** | Introduce Children who have no swimming experience. Gaining confidence in the water, learn to swim independently.
**Fly, Away** | Children who have confidence in the water and can swim a short distance but have no stroke experience. Will learn freestyle arm.
**Freestyle** | Introduce freestyle, breathing on 1 arm and kicking on back.
**Backstroke** | Improve freestyle and introduce backstroke.
**Breaststroke** | Improve freestyle introducing 1 arm breathing and backstroke, introduce breaststroke.
**Butterfly** | Perfect freestyle, backstroke and breaststroke and introduce butterfly. Completing 25m with fins and learning arm sequences.
**Tech Development** | To improve and perfect stroke technique in all strokes using various stroke development drills and short distance of 25 to 50 metres. To improve endurance and introduce speed. To introduce backstroke, 150m and breaststroke. Learn arm sequences.
**Advanced** | To perfect and perform stroke techniques in all strokes using various stroke development drills and short distance of 25 to 100 metres. To perfect endurance and improve speed. To improve using starts, racing freestyle and freestyle turns.
**Senior AC Programs Squad (11+P)** | This program will focus on strength development and competitive swimming with the aim of joining the State/National/International performance programs in the future.
**Stay Active** | If you would like your teenager to swim for fitness, this is the class for them. We also cater for water polo players and other water sport athletes where swimming is required for their sport. It’s a great way to meet new friends, and have some fun while keeping fit.
**Buckaroo** | Will focus most of the athlete's attention on their swimming technique and introduce the 3 to 6 years old. State squad training will begin but will include specialized training for the participant's main event.
**Aquatic Exercise** | Aimed at developing more confidence, improving personal goals and create good physical fitness. Most is done while sitting in the water.
**Swim & Play** | Swimmers who want to improve their swimming technique, enjoy the companionship of fellow swimmers & open water swimmers as well as having fun while getting fit. Lanes are graded to suit individuals and various skill levels.
Community News

Zillmere Blue Light Dance Party

Zillmere PCYC
340 Zillmere Road, Zillmere
Phone: 3633 0244
www.zillmerepcyc.org.au
www.facebook.com/zillmerepcyc
www.bluelightqld.org

Entry Just $5.00!
6.00 - 8.00pm
Primary School Age
1st Dance March 23 is FREE!

Police Supervision
Good standard of behaviour required, drug & alcohol free event.
Come & Join the Fun! Tell your Friends!

2012 Dance Dates: March 23, April 27, May 25, July 27, August 31, October 26, November 30

Join with us for a Community get together
sharing our culture Saturd 12 October 2013 10.00am - 3.00pm
Zillmere Community Centre
54 Handford Rd Zillmere
Phone 3865 2880

YARN TELLING
BASKET WEAVING
ENTERTAINMENT
STALLS ART/CRAFT
VIP GUESTS

CHILDREN'S ACTIVITIES
FACE PAINTING
PAINT A BOOMERANG
SAUSAGE SIZZLE
BOOM NAMING
Our Community Partners

IGA Superpharm Zillmere
Supermarket + Pharmacy

FOUNDARY

ZILLMERE community centre
North East Community Support Group Incorporated

Kurbingsui Ltd

JABIRU
Community Youth & Children’s Services Association Inc

If you would like to be part of our Community Advertising please contact Zillmere State School on 3863 8333.